

INDIVIDUAL AND TEAM DEVELOPMENT

Individual Birkman Assessment (1 hour per person) **Team Birkman Workshop (4 - 6 hours)**

The Birkman is an incredibly insightful personal and work style assessment that helps individuals understand their interests, optimal work style, needs and stress behaviors. A perfect tool for personalized coaching and development, especially at a manager level and above. The Birkman also is excellent at facilitating insightful and productive workshops for both new and existing teams.

Individual Birkman Assessment

Participants will be introduced to their work styles in a fun, interactive and highly insightful individual setting, prior to any group work. Among the most insightful, personal and professional development tools on the market.

Team Birkman Workshop

In the team session, participants gain meaningful insights into other team members' work styles, needs, interests and stresses. We guarantee many "a-ha" moments as even seasoned teams get to know each other better. A deep understanding of fellow team members will dramatically improve the teamwork and understanding of any group.

Learning objectives include:

- Deep understanding of personal interests and motivations.
- Identification of your 'best' and 'worst' work styles.
- Exploration of your needs, which may or may not be met by your organization.
- In a team setting, a deeper understanding of each other's motivations and interests, workstyles and behaviors is highly impactful.
- This training is great for executive teams, high-performing or struggling teams, new or seasoned teams – any group hoping to take the next step in their teamwork.